

JANSON'S IMPLEMENTATION PLAN

WELLNESS COMPONENT: Other Student-Based Wellness Activities

Policy Element: Each SWC, in coordination with the Student Lighthouse Team, will be responsible for developing at least one project related to promoting student wellness.

What will this look like?: Students will be encouraged to eat more fruits/vegetables and also be given more play time

Funding (e.g., LCAP/ESSA/Other): Free

PRIORITY	ACTIVITIES/STEPS: What needs to be done?	By When?	STATUS	RESPONSIBLE PARTY: Person(s)/Workgroup
High	MPR monitors need to be taught how to check for "empty" trays	2/1	<input type="checkbox"/> COMPLETED x <input type="checkbox"/> IN PROGRESS	Name(s): Olivia Anabalon Ashley Hernandez Jodie Ha Felicity Tran Andy Pham Kaitlyn Sar Workgroup:
Medium	Plan needs to be implemented	2/4	<input type="checkbox"/> COMPLETED x <input type="checkbox"/> IN PROGRESS	
Low			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
Already in place districtwide			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
			<input type="checkbox"/> COMPLETED <input type="checkbox"/> IN PROGRESS	
Progress Not Begun	How will this be monitored?		How often will monitoring take place? (e.g., weekly, monthly, annually)	To whom will results and/or updates be reported?
	Noon-aides will check for "empty" trays daily and allow students to leave early for extra play time		Daily	Director, Nutr Svc & Wellness

REMARKS (Include here any indispensable financial, equipment or other resources):

- Students will eat all of EITHER vegetables or fruits in order to earn extra play time
- Trash cans should be moved elsewhere so students do not sneak fruits/vegetables in trash